

EMERGENCY GUIDELINES

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The following checklist is an aide memoire in case of an accident or emergency during a club session

- Appraise the situation and act to reduce further dangerous events whilst keeping yourself out of danger
- Establish the nature of any injuries by observation and speaking to all concerned
- Arrange First Aid as appropriate
- If injuries are more serious call for emergency services and do not move the injured persons if there is any doubt to their seriousness
- Arrange for others unaffected to be supervised as necessary
- Contact the injured persons carer/parent/partner
- Record the incident in the accident book and keep safe with the club's documentation

SIGNED:

M. Marsh

DATE:

NAME: Mark Marsh

POSITION: Club Chairperson